



South Auckland Spiritualist Church

Spiritual Healing

Leaflet 2 on Spiritual Healing

There has always been and always will be spiritual healing. It is the true link between man and God. As there is but one God and healing has been in existence for thousands of years it cannot be claimed to be the monopoly of any one religion or faith.

The true spiritual healer is a person working irrespective of colour, class or creed. He is a spiritual person in tune with the source of all creation. This linking of the patient to God forms, with the healer, a triangle of attunement that enables the healing energies from a divine source to flow.

Wholeness of Being

Healing helps a person return to the wholeness of being. A wholeness which is his right in the plan of creation. When we are ill we have lost our way, lost our balance, and we are not at ease with ourselves. We have dis-ease and it manifests in many ways.

The first factor we must draw to ourselves is that the riches of life are not material; the true riches of life are life itself. A life that we must understand and face. We must not think that we are hard done by. Instead we should thank God for the lessons we are being taught by our exposure to whatever is troubling us. How can we know what true happiness is if we have not experienced misery? How can we fully comprehend peace if we have not had depression?

When we are afraid of something the fear shows in outward physical symptoms. When the cause of that fear is removed, or we understand and are no longer afraid, then the physical symptoms disappear. It is the very fact that we do not understand the reasons for our life that causes so much disease.

For greater understanding we must turn to nature and study how it can help us to see how we should live our lives. Nature has symmetry, balance and harmony. All the factors that are so often missing from our own lives. Each aspect of nature is part of a whole and we must realize that we too are not individuals but also part of this vast wholeness of being.

From the food we eat to the lives we lead we have interfered with this divine creation of wholeness and have caused an imbalance. We, as individuals, mirror onto ourselves that which we project. If you see in another much to despise

look at yourself carefully—it could be that it is yourself you are seeing in the mirror of life.

We cannot take from life what we do not put into it. If we have given no happiness then we shall receive none. To be loved we have to be lovable. We seek so much but do we miss that which is at our feet?

Flow of Energy

The healer is striving to help the person find a balance again, an understanding. To do this he is used as a channel for the divine healing energies. The healer has sought an attunement with the source and offers himself as the medium through which the energies flow to the patient. The patient may feel the energy from the hands of the healer as a warm glow or, sometimes, as a coldness or even as a slight vibration. This flow of energy can now be shown by Maxwell Cade's Brain Mirror, which shows how the healing patterns of energy are passed to the patient and changes his brainwave patterns into similar ones to the healer.

For the healing to take place the patient must feel a need to be healed or a request must be made on his behalf by another. It is rather like turning on a light switch and the current can flow. Absent or distant healing works just as effectively as contact healing and distance makes no difference.

Healing cannot interfere with divine law or the free will that we have been granted by God. The choice is ours whether we want to be healed or not.

Our physical body is the only house we live in. It is affected and influenced by the ever-changing forces of the Universe. We do not live in our bodies but through them from our spiritual selves within. This is why normal treatment is so often of no avail and yet spiritual healing works. The real reason for the blockage must be found and when put right can then clear the physical symptoms outside.

Healing is not just a body free from pain it is a state of being where the whole person is in harmony. Spiritual healing is not always the instantaneous miracle of throwing away crutches and walking. Nor is it a crutch or protection against the troubles of life as so many think. The patients must play their part in the desire to be healed, a desire to be whole, a desire to join again the wholeness of being.

Man is a very complex being of body, mind and spirit. He can, so easily, get out of balance and become disorientated with himself and with life. The healer always asks that the patient be helped in whatever way is best for him at this moment of time in his life.

It may be that he is having to face the illness or problem so that he may learn a lesson. Once this lesson is learned then he can again go forward in fullness of life.

A simple example would be a person who has been hurt by another's carelessness. A hate builds up of that person for causing the pain and suffering and until this hate can be removed and replaced by love then the pain would remain.

Today we seem to have a common expression: "They should do something about it". When will we realize that "they" are us? That we are responsible for all our thoughts, actions and deeds. As we give so shall we receive in life. It is by what we do rather than what we say that our lives can be of use to God.

Harmony of Life

Why must we seek to improve ourselves? Think of the piano, which is finely strung and has been tuned by an expert. On this piano the most beautiful music can be played but if the strings are slack and not tuned then no harmony is to be found, only disharmony.

It is the same with us. Our strings of life must be well strung and tuned. When they are then God can use the instrument and on it produce the harmony of life itself.

God gives every bird its food but He doesn't throw it in the nest. We must seek the harmony of life ourselves and place it into the lives we live. We must get away from our materialistic world where money seems to mean so much.

Can it but the sky, the warmth of the land, the sparkle of the water or the smell of the pine needle? When we see the divine energy flowing freely through all in nature around us then we realize that this is what the spiritual healer is trying to achieve with his patient.

To clear the blockages that are within so that once again the person will be in harmony within the total wholeness of being in which he lives.

Balance, Love, Peace and Harmony will be ours once we give to others that which we seek ourselves.

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